



## **Are you a Physician or a Resident interested in mentoring medical students?**

**The Office of Career Advising & Mentorship** invites you to provide one-on-one mentorship support to our medical students through our **Physician-Student Synergy Mentorship Program**. While mentor-mentee relationships can last a lifetime, the official Synergy mentorship relationship occurs over one academic year, with an expectation that dyads meet an average of one hour per month. There is an option to renew should both parties wish to do so.

Below are the three steps to participate in our 2026-27 mentorship program:

### **STEP 1 - Sign up**

If you are interested, please complete the [sign-up form](#).

- Once you sign up, an OCAM Coordinator will contact you for a brief 10–15-minute intake call.
- You will also receive an invitation to a virtual orientation event taking place in early August.

### **STEP 2 – Attend the Launch Event**

Join us in mid-August (4:30-6:30 PM) in Regina (Regina General Hospital) or Saskatoon (The University of Sask). The final date will be announced in June. This event is an opportunity to

- Meet students and fellow mentors
- Learn more about the program

### **STEP 3 – Begin your Mentorship Journey & Make a Lasting Impact**

- Mentors and mentees will be introduced via email
- Begin meeting one-on-one monthly throughout the academic year

Mentors not only have the opportunity to influence the future of healthcare and recruit to their specialty, but both research and experience suggest that mentoring relationships lead to increased job satisfaction, a rekindled interest in one's work, and self-development in medical education for mentors.

If you have questions or concerns, please email us at [med.careeradvising@usask.ca](mailto:med.careeradvising@usask.ca) or reach out to Saba Khan (OSA & OCAM Coordinator) at (306)766-0527. Thank you for helping our learners prepare with confidence for their careers in medicine.