



Welcome from the Student Medical Society of Saskatchewan

Dear Class of 2030,

I want to start by congratulating you on your acceptance to the College of Medicine at the University of Saskatchewan! This is a tremendous accomplishment, and I hope you have taken a moment to reflect and be proud of the hard work you put into getting to this moment. I can remember how exciting it was to finally make it to this step on the path towards becoming a physician. If you are anything like I was, you may also be starting to feel pressure or apprehension set in. This year will be one of many changes, but I am confident that you are capable of handling each and every one. I also want you to know that you are not embarking on this journey alone. Medical school is a time when you can forge lifelong bonds and amazing memories with your fellow classmates, and I am sure that you will find yourself surrounded by support in the coming year. On behalf of the entire Student Medical Society of Saskatchewan (SMSS), I want to welcome you to our family at the College of Medicine.

You may still be unsure who the SMSS is and how we can support your journey. The SMSS membership comprises College of Medicine students from all four years of study. Our purpose is to represent the interests of our members, facilitate involvement in extracurricular activities, and advocate for student needs within the classroom, the College of Medicine, and the broader community. The SMSS offers many opportunities for students to be involved in key areas such as equity, student wellness, advocacy, and much more. We hope you will participate in SMSS events, take part in the work of the SMSS, and strive to improve the student experience at the College of Medicine by embodying the values of the SMSS in all that you do.

Many exciting events are planned as part of your welcome to the College. We will provide you with more details in the coming weeks and months. We are all very excited to celebrate such an important milestone in your life with you! Remember, medical school is a marathon, not a sprint. Be kind to yourself and your classmates. While it is important to work hard, it is just as important to take time to do the things you enjoy outside of medicine, like working out, cooking, or watching a movie.

If you have any questions or concerns, we invite you to reach out to us at our email smss.president@usask.ca. You can also get in touch with either Ibrahim, our Past-President, or myself via Facebook, or the SMSS at large via any of our social media at the bottom of the page.

With your July 29th start date just around the corner, we are thrilled to meet every one of you and look forward to welcoming you in person to the College of Medicine. Congratulations once again on your acceptance, and we are excited to be part of this new journey in your lives.

Sincerely,

Ally Seifert

SMSS President 2026/2027

Class of 2029

Ibrahim Al-Azem

SMSS Past-President 2025/2026

Class of 2028

