

First year medical students begin learning clinical skills in their first term of first year! Students are required to purchase some medical equipment in preparation for this training. Please see the list below (also found in Clinical Skills I Course Syllabus):

Required Medical Instruments

These required medical instruments must be purchased before the commencement of the school year:

- stethoscope (Littmann Cardiology IV preferred*)
 - A Littmann Cardiology IV stethoscope will be provided to students at first year orientation, compliments of our partners at the Saskatchewan Health Authority.
- watch with second hand or digital second display (analogue preferred)
- white College of Medicine lab coat**
- pen light

*Features of the Littmann Cardiology IV stethoscope making it a good option for medical students:

- Adult and pediatric dual heads with tunable diaphragms allows optimal acoustics when examining adults and children
- Converts easily to bell
- Convertible ear pieces to optimize comfort
- Latex free

**Lab coats will be provided to students early in the term at the White Coat Ceremony. If you prefer to use a standard white lab coat for clinical use, please purchase separately.

Note: Students should be prepared to wear lab coats at all clinical sessions in the CLRC and RLC if requested.

Recommended Medical Instruments

While the above medical instruments are required for first term, the following instruments are required in subsequent Clinical Skills courses and are recommended for personal use and practice.

- tuning fork(s) (128 cps + 512 cps)
- reflex hammer (Queen's Square preferred)
- centimeter ruler
- flexible tape measure

Optional Medical Instruments

The following instruments are useful for personal use and practice of technically challenging skills:

- ophthalmoscope/otoscope
- aneroid blood pressure cuff