

# WELCOME TO THE MEDICAL PROFESSION

Your future in health care starts here.



[JOIN US](#)

## We're here to support you

As you embark on your journey in medicine, be sure to join both the [Canadian Medical Association \(CMA\)](#) and [Saskatchewan Medical Association \(SMA\)](#). Our two associations are here to help you throughout your medical career, from medical school and beyond.

### Canadian Medical Association

**SHARE YOUR WHY:** [Healthcare For Real](#) wants to hear why you chose medicine. We're inviting students across Canada to tell us #WhyIMed. Come find us at your orientation!

**GET INVOLVED:** Join the [CMA Ambassador Program](#) to connect with peers and experienced physician leaders at conferences and events, and develop your leadership skills. Celebrate changemakers from across Canada by nominating a peer for a [CMA award](#). Apply for [leadership positions](#) on our Board of Directors or one of our committees to help shape the future of the health system and profession.

**YOUR VOICE:** As a top federal health advocacy group, the CMA works with physicians and medical learners to shape legislation, advance health policy and transform medical culture. As a medical student, your voice will help inform our work to drive change and build a thriving health workforce. [Learn about our work.](#)

**STAY INFORMED:** [Sign up](#) to receive updates on issues that matter to you. Access the [Canadian Medical Association Journal \(CMAJ\)](#) for original research, podcasts, clinical practice updates and thought-provoking content.

**WATCH THE BACKPACK REVEAL:** Follow us on social @CMA\_Docs to watch this year's #MyCMABackpack colour reveal on June 25. Visit [cma.ca/backpack-voting](#) to vote on next year's colour!

**PRIORITIZE YOUR WELLNESS:** Access a collection of well-being tools, resources and support options on our [Physician Wellness Hub](#).

### Saskatchewan Medical Association

#### WELCOME TO THE PROFESSION:

The SMA looks forward to supporting you! We have many programs and services to meet your needs so reach out or [visit our website](#).

#### MEMBERSHIP OF THE SMA:

Membership of the SMA can support you by providing [programs and benefits](#). To sign up for membership and or to learn more, please email [membership@sma.sk.ca](mailto:membership@sma.sk.ca).

#### EXPERIENCE SASKATCHEWAN:

The [Roadmap Program](#) gives you a chance to travel Saskatchewan and network with physicians.

#### LOOKING AFTER YOU:

The [Physician Health Program](#) provides confidential support and assistance to student members who are struggling with health issues or wellbeing concerns.

#### PROTECTING YOUR FINANCES:

[SMA life and disability](#) insurance is inexpensive and comprehensive. Contact [insurance@sma.sk.ca](mailto:insurance@sma.sk.ca).

**CONTACT US:** 1-800-667-3781

[sma@sma.sk.ca](mailto:sma@sma.sk.ca); Instagram: [@sma\\_docs](#)

Facebook: [SMAdocs](#)