

Fall 2024 Welcome Event

College of Medicine

Graduate Students & Postdoctoral Fellows

Wednesday, September 10, 2024, 10 AM 

Dr. Kiven Erique Lukong

Assistant Dean Graduate Studies, College of Medicine

The Assistant Dean of Graduate Studies:

is responsible for the strategic and academic leadership of learning, teaching and the graduate student experience in the College of Medicine (CoM)

Welcome!

Lamnso- Yirannia/A sahka?

French – Bienvenue/Salut.

Spanish - Bienvenido.

Ukrainian - Laskavo prosymo Urdu

Hindi-Khush Amdeed.

Romanian - Bine ati venit.

Japanese - Yōkoso.

Chinese - Huānyíng.

Land acknowledgement



*"As we gather here today, we acknowledge we are on **Treaty 6 Territory** and the **Homeland of the Métis.**"*

*We pay our respect to the **First Nations and Métis** ancestors of this place and reaffirm our relationship with one another."*

Agenda

Part 1

- Welcome address (Dr. Eriq Lukong, Dr. Marek Radomski and Dr. Sarah Forgie)
- Vision and mission
- Graduate studies structure at the CoM
- Vital statistics

Part 2: (Health Sciences graduate students)

- Graduate programs committee
- HSGP and manual
- Scholarships

Part 3: Cost of living

Part 4: Other Resources

Part 5: CMGSS co-president

- Questions/Discussion
- Adjourn

Introductions

- Dr. Sarah Forgie (Dean of Medicine)
- Dr. Jaswant Singh (Associate Dean - Policy & Programming - CGPS)
- Dr. Marek Radomski (Vice-Dean Research, CoM)
- Dr. Steve Milosavljevic (Co-chair, HSC)
- Dr. Erique Lukong (Assistant Dean Grad studies, CoM)

(Dr. Erique Lukong's full address will be posted on the HSGS website)

Dean of Medicine



Dr. Sarah Forgie MD

Dean of Medicine

Dr. Sarah Forgie is the Dean of the College of Medicine.

- Joined the University of Saskatchewan on July 1, 2024
- Professor and pediatric infectious disease specialist
- From the University of Alberta and Stollery Children's Hospital
- Served as Vice-President of Pediatric Chairs of Canada
- Served as President of the Association of Medical Microbiology and Infectious Diseases Canada.
- Committed to equity, diversity, and inclusion
- Contributions to hiring, retention, promotion, and mentoring.

Mission, vision, values, goals and strategic plan

Mission and Vision

Health Sciences Graduate Studies/Program

VISION

To establish the Health Sciences Graduate Program as a unique research-based multi-disciplinary program that will continue to attract, retain, train, and recognize a diverse group of outstanding graduate students, and mentor and transform them into leaders in their respective fields.

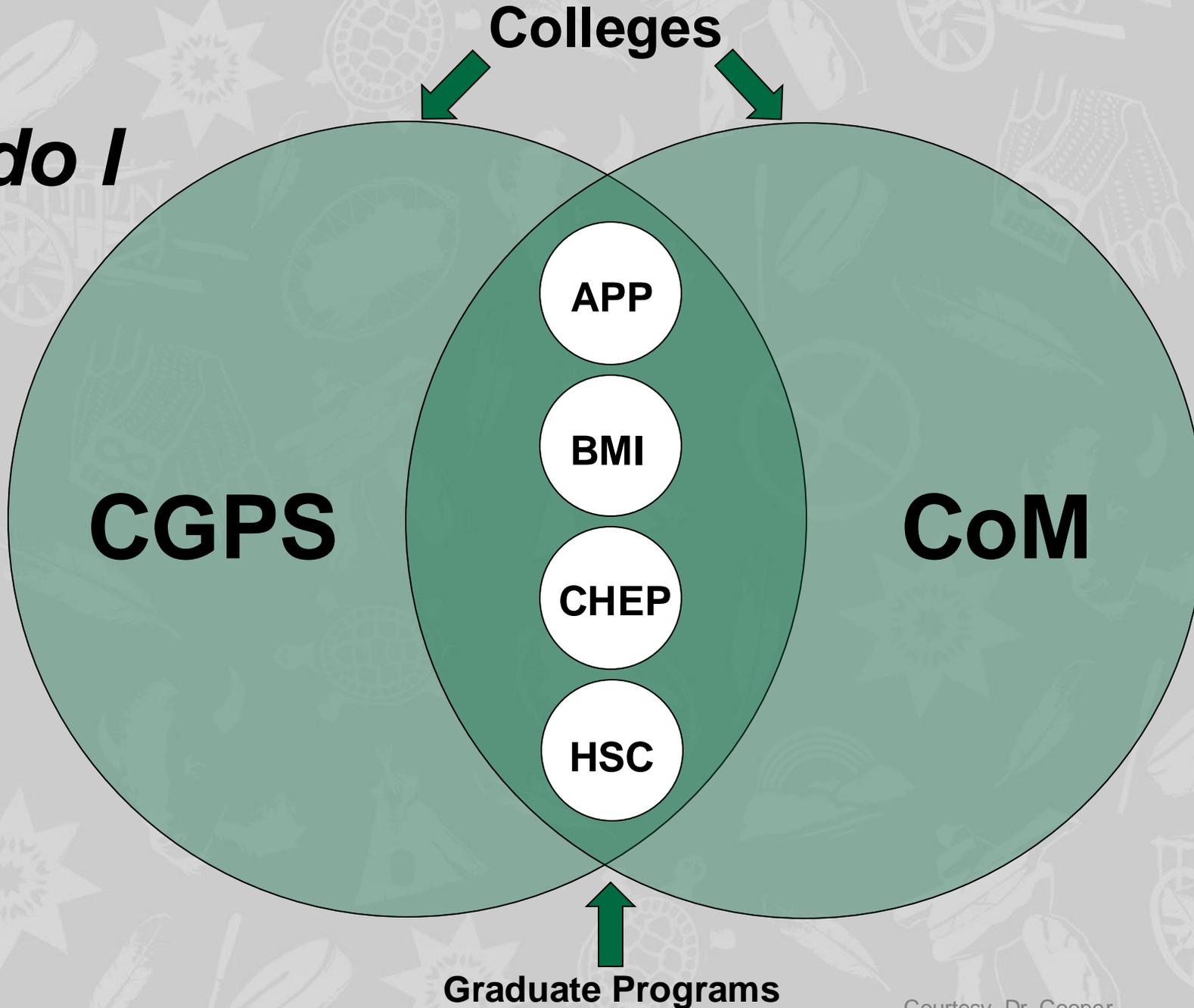
MISSION

To enable diverse groups of graduate students to broaden their perspectives on health sciences research and enhance their career options in an ecosystem where wellness and inclusion are prioritized, excellence is promoted and rewarded, researchers and instructors are committed and dedicated, and where integrity and quality of the graduate programs are valued.

VALUES

- Excellence and innovation
- Honesty and integrity
- Mutual respect and collaboration
- Wellness and social responsibility
- Transparency and fairness
- Scientific accountability
- Leadership accountability
- Equity, diversity, and inclusion
- Inclusion with respect

Where do I fit in?



PDFs similarly fall under the umbrella of CGPS but are housed within CoM Departments

Graduate Studies Program structure

College of Graduate and Postdoctoral Studies

CoM graduate programs

Biomedical sciences

Epidemiology

Community health

Health sciences

Areas

ACB/PHSI/PHPY
(APP)

BIOC & MCIM
(BMI)

Community Health
& Epidemiology (CHE)

Clinical
Departments

Departments

Dept head
(Dr. Thom. Fisher)

Dept head
(Dr. Linda. Chelico)

Dept head
(Dr. Sylvia Abonyi)

Assistant Dean

Head

Graduate studies
committees

Graduate studies
committee

HS graduate program
committee (HSC)

College of Medicine
Graduate Studies and
Postdoctoral
Committee

APP

BMI

CHE

HSC

Dr. Brian Eames · Dr. Scott
Widenmaier (co-Chairs)

Dr. Scot Stone (Chair)
Barb Stuckless
(bmi.grad@usask.ca)

Dr. Nazeem Muhajarine(Chair);
Stephanie Kehrig
(stephanie.kehrig@usask.ca)

Dr. Steve Milosavljevic (Chair)
Ally Wieggers
(ovdr.grad@usask.ca)

Melissa Teed
(app.grad@usask.ca)

If I have academic or nonacademic concerns, where do I go?

Graduate Students

- Supervisor
 - Supervisory Committee (Chair)
 - Program Grad Chair
 - Department Head
 - Asst. Dean Grad. Studies
- CGPS
- Human Resources/PSAC
- CMGSS/Graduate Student Assoc. (GSA)
- *A mentor (faculty member you trust)*

Courtesy, Dr. Cooper

Vital Statistics

CoM Statistics

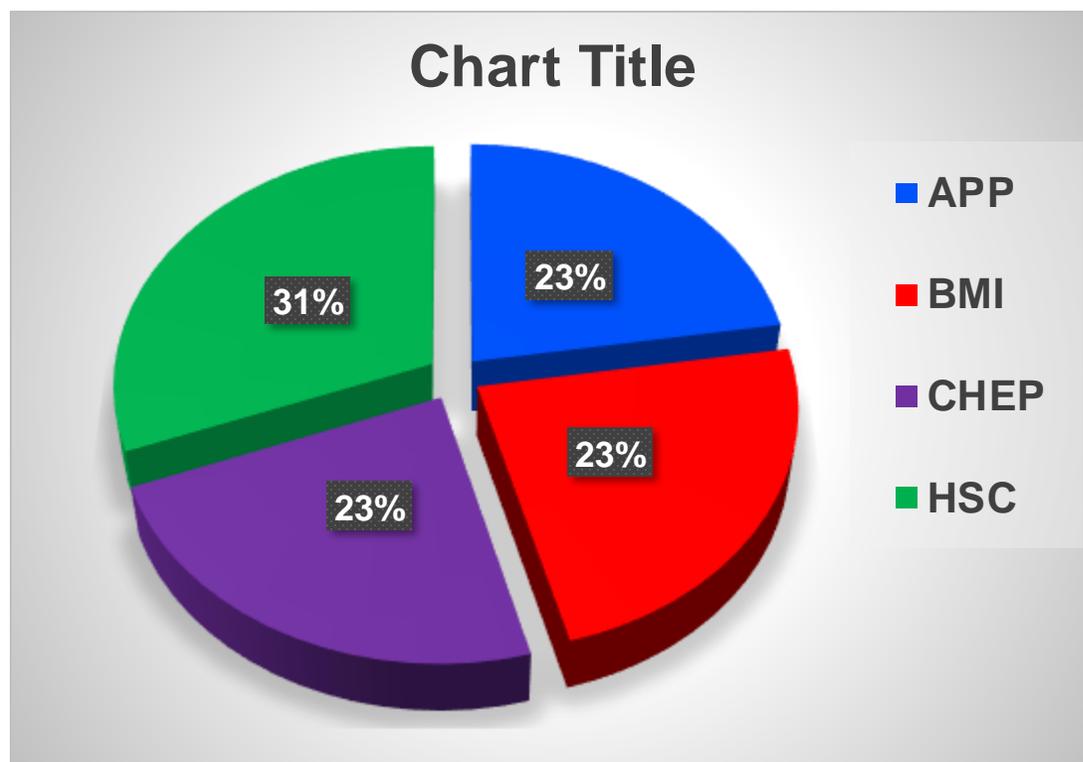
Graduate students and UG medical students

Programs	Level	Applications			Registrations		
		2021/22	2022/23	2023/24	2021/22	2022/23	2023/24
Doctor of Philosophy	GS	49	44	54	16	14	18
Joint Student Program	GS	2	0	0			
Master of Science-Thesis	GS	208	233	187	43	42	42
Master Physical Therapy-Course	GS	208	216	170	41	39	55
Visiting Research - Grad	GS	1	6	10	1	2	4
Total		468	499	421	101	97	119

Undergraduate medical education (UGME)

Doctor of Medicine	UG	111	864	1051	101	100	103
Visiting Research - Undergrad	UG	7	5	6	6	4	6
Post Graduate Clinical (ME)	UG	145	150	147	140	150	146
Total		263	1019	1204	247	254	255

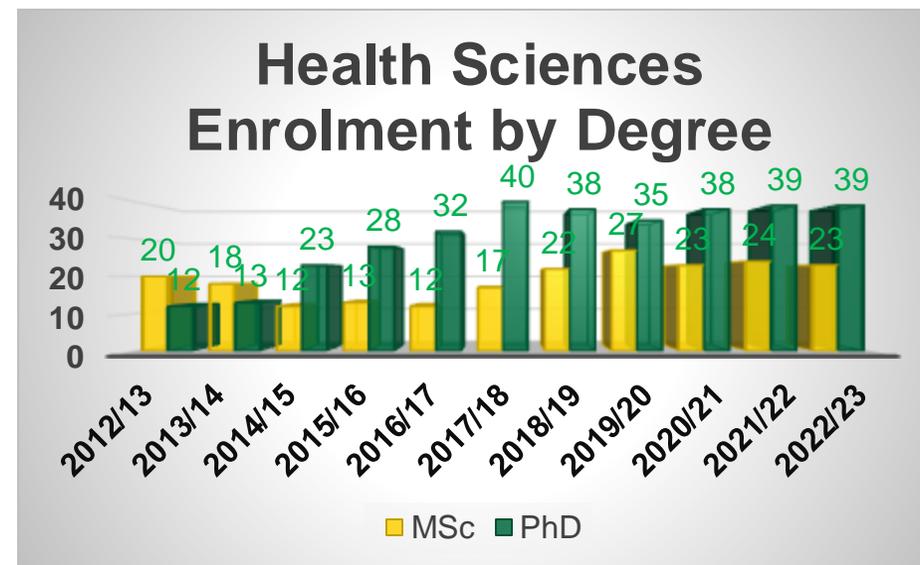
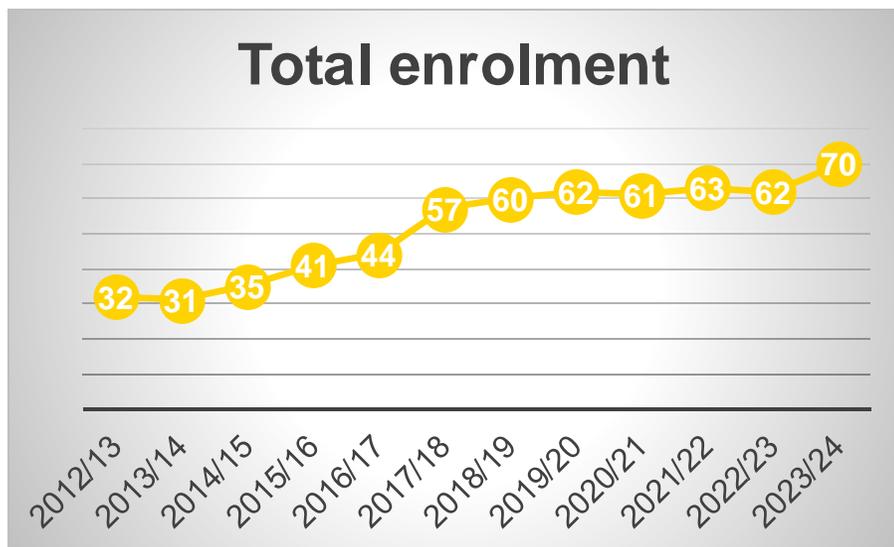
227 registered GS in the CoM in March 2024:



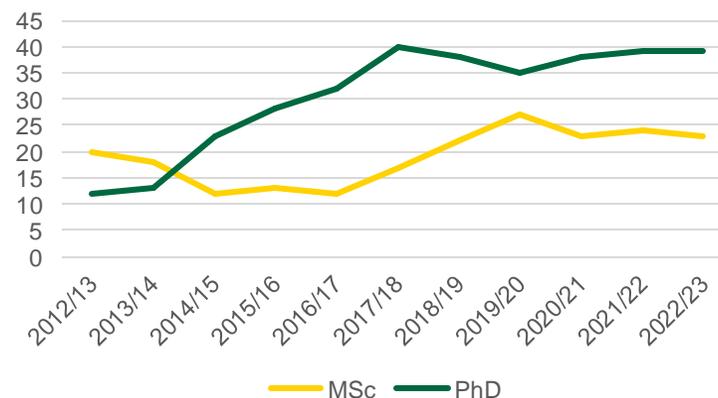
Program	Total
APP	51
BMI	53
CHE	53
HSC	70
Total	207

2021: 203
2022: 207
2024: 227

HSc Program Statistics



Enrolment has steadily increased over the years!



More PhD enrolments

Part 2: HSC graduate students

- Graduate programs Committee
- HSGP
- Scholarships
- Resources

HSGP: Chairs and coordinator



Dr. Eriq Lukong
(AD, co-chair)

- Admissions
- Scholarship administration
- SSF
- 75th
- Review and resolve non-academic issues
- Policy review and update
- Manual review and update
- Town hall meetings



Ally Wieggers
Graduate Programs Coordinator



Dr. Steve Milosavljevic
(co-chair, School of Rehabilitation
Science)

- Health Sciences 990 Symposiums
- Class build-up
- Chair of PhD defense when necessary (AD as back up)
- Review and resolve academic issues
- Policy review and update
- Manual reviews and update

Health Sciences

Graduate Program Committee

1. Administration of the Graduate Program
2. Assesses applications for admission
3. Guides the formation of Research Advisory Committees (RACs).
4. Approves any substantial alterations to the program of studies
5. Evaluates application for transfer from the M.Sc. to the Ph.D. program.
6. Conducts Health Sciences program graduate scholarship competitions
7. Advertises and promotes the graduate program.
8. Reviews graduate program policies
9. Assesses student-supervision relationships

Membership

Graduate Program Committee

1. Committee Chair - Assistant Dean
2. Co-Chair designated by the Assistant Dean
3. Four faculty members
4. Two graduate student representatives from the Health Sciences Graduate Program
5. Program Coordinator

Program Committee Membership (2024/2025) (Term: 3 years)

Member	Dept/Academic unit	Start date (Month/yr)	End date (Month/yr)	Term	Status
George Katselis	Medicine/CCRAH	Sep 2021	Sep 2024	1 st	Ongoing
Steven Machtaler	Medical Imaging	Sep 2021	Sep 2024	2 nd	Ongoing
Evyn Peters	Psychiatry	Nov 2023	Nov 2026	1 st	Ongoing
Audrey Zucker-Levin	Rehabilitation Science			1 st	Ongoing
Steve Milosavljevic	Rehabilitation Science	Sep 2021	March 2024	1 st	Ongoing
Eriq Lukong (Chair)	BMI	July 2022			Ongoing
Student Rep (PhD)	HSGP				Vacant
Student Rep (MSc)	HSGP				Vacant
Ally Wieggers	Non-voting, Graduate Program Coordinator				

RESEARCH ADVISORY COMMITTEE (RAC)

Role of the RAC (Health Sciences)

- Determined during the student application process
- Provides oversight and advice to the student
- Ensures program requirements are met
- Help students to complete the program of studies form within **four weeks** of the start of the program.
- Provides troubleshooting and feedback on research projects to ensure the student obtains sufficient knowledge in their research area
- Suggest courses to take
- Approve or deny requests to transfer from M.Sc. to Ph.D.
- Conduct the Qualifying Examination
- **Mentorship support for students**

Note:

- The student's supervisor must be from the CoM and must complete the **Student-Supervisor Agreement** within the first year of the program
- RAC members should be included** in the supervisor's letter of support

RAC Structure (Health Sciences)

(CGPS: Effective May 1, 2022)

- **M.Sc.** A minimum of **two committee members**; i) The Supervisor (and Co-Supervisor); ii) at least one additional faculty member
- *HSC recommendation: At least **three members** (to mitigate voting ties). Two members only in exceptional circumstances and approved the Assistant Dean.*
- **Ph.D.** A minimum of **three committee** members; i) the Supervisor and Co-Supervisor count as one; ii) one additional faculty member; iii) one Cognate member from a department external to the student.
- The supervisor may chair the RAC meetings (M.Sc. and PhD).

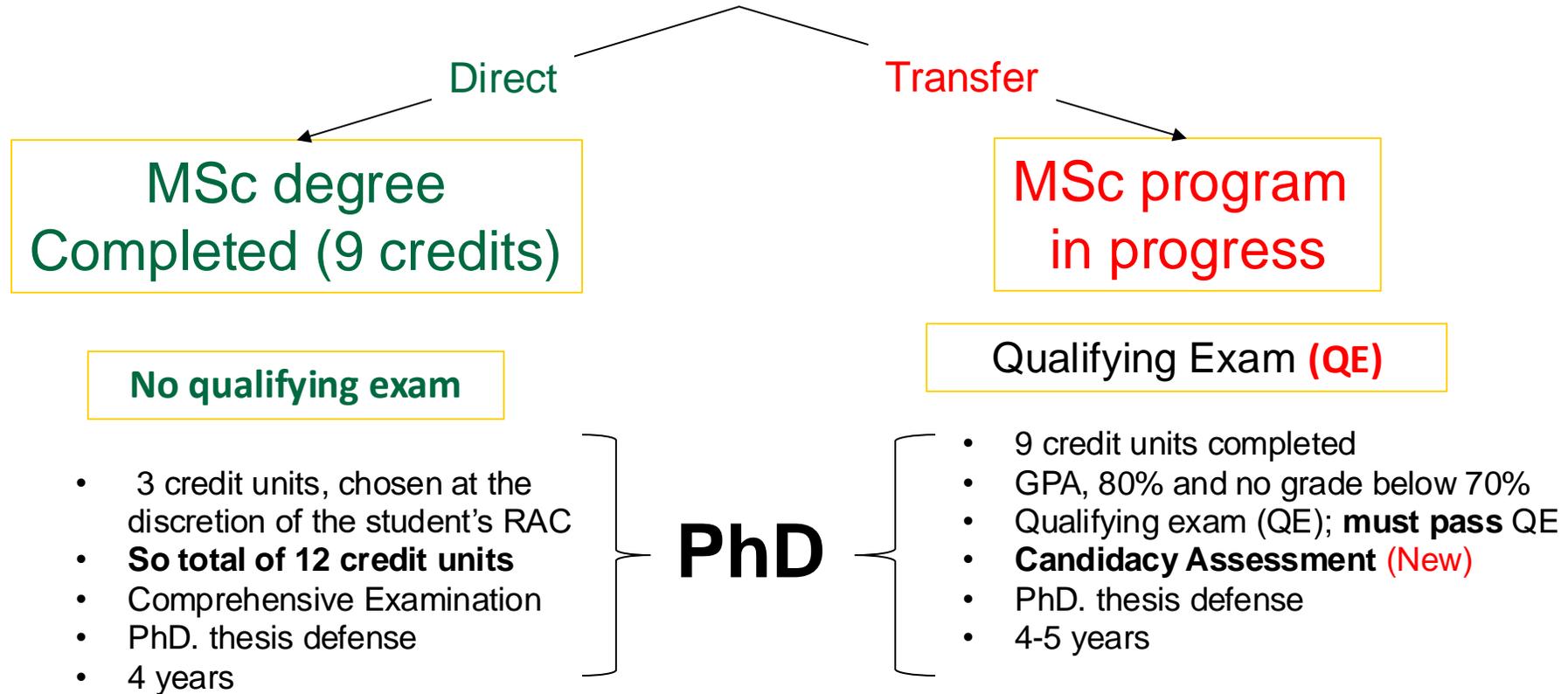
(See the HSGP manual for other details)

Programs/pathways

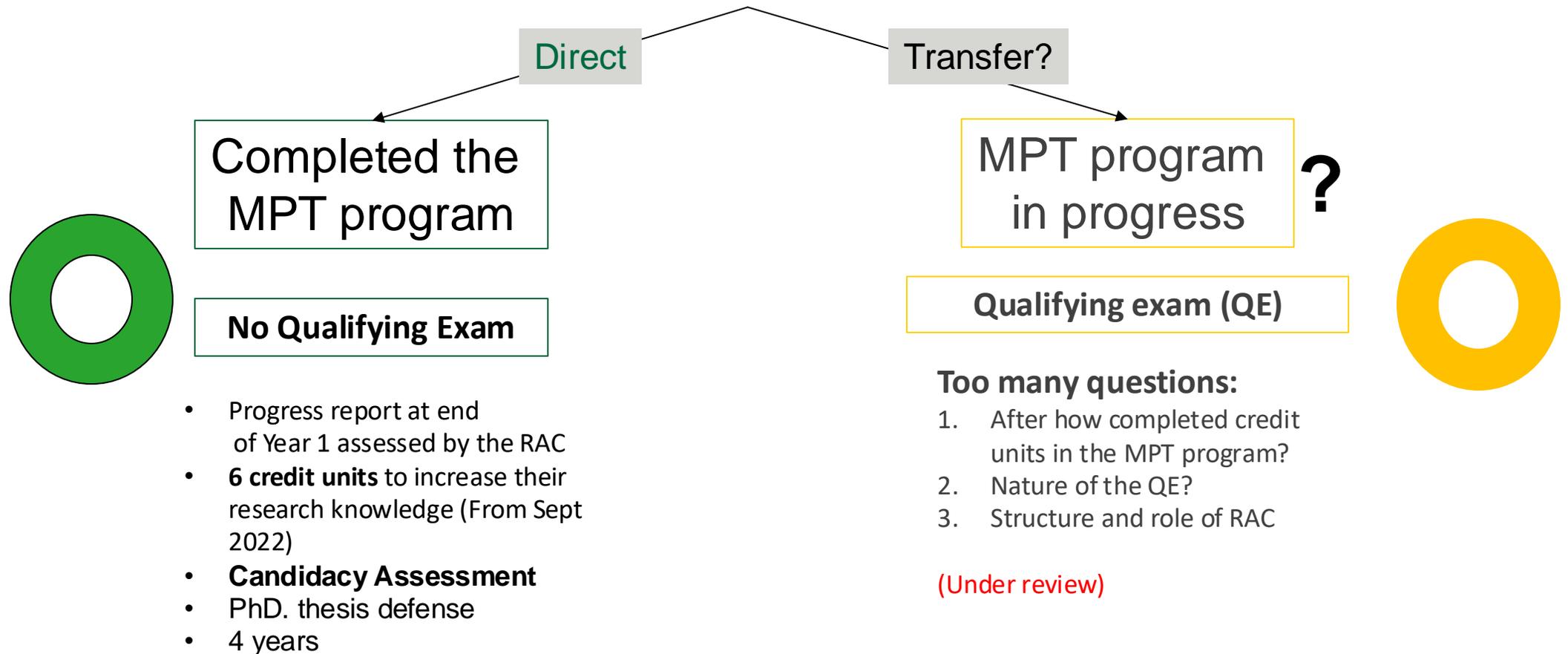
- MSc
- PhD
- Transfer
- MD-graduate (MD-MSc and MD-PhD) pathway
- MPT-PhD pathway
- CIP-Graduate pathway

Master's students interested in doing a PhD

MSc-PhD Pathway



MPT-PhD Pathway



MD-Grad Pathway (*Joint Degree*)

MD-PhD

- Must be admitted to the MD program
- Apply end of Year 2 of the UGME
- **Direct entry/no qualifying exam**
- Must have a supervisor
- Progress report at end of Year 1 assessed by the RAC
- **6 credit units** (from September 2022)
- **Candidacy Assessment**
- 3-4 years; PhD. thesis defense
- Return to med school

MD-MSc

- Must be admitted to MD program
- Apply end of Year 2 of the UGME
- **Direct entry/no qualifying exam**
- Must have a supervisor
- **9 credit units**
- ~ 2 years; defend
- Return to med school

CIP-Grad?

New pathway

- Already in the CIP program
- Must have a supervisor
- **Candidacy Assessment**
- **A few questions**
 - HSC committee approval?
 - Direct entry/no qualifying exam?
 - Progress report assessed by RAC or CIP committee?
 - Additional credit units?
 - Duration?

Doctoral Candidacy Assessment (CGPS)

(Replaces Comprehensive Exam)

- To move from a PhD student to a PhD candidate
- Effective: **May 1, 2024**
- Within **24 months** from the start of the PhD
- Within **36 months** for **transfer** students
- Format: **Written and/or oral assessment** of the student's research plan (grant application format or dissertation format) – **Dept decides**
- **Candidacy assessment will be noted on the official transcript**
- PhD students who begin their program on or after May 1, 2024, will be required to complete a candidacy assessment
- Students who complete their comprehensive exam on or before April 30, 2024, will not have a comment on their transcript.

All programs should revise their current process by the end of the 2024/25 academic year (end of April 2025).

Current Comprehensive exam

- *Grant Proposal Comprehensive Examination Format*
 - Three topics submitted to the RAC (From the student and supervisor)
 - RAC approves one
 - Student has 60 days to prepare the written proposal (CIHR format)
 - Oral exam three weeks following submission of the grant proposal
- *Traditional Comprehensive Examination Format*
 - Student to prepare 3 papers (10 pages, double-spaced)
 - Four suitable topical areas of relevance to student research
 - 60 days to prepare the three papers
 - Oral exam on the topics under examination

New Candidacy Assessment policy for HSC coming soon!

Scholarships

Stipend and scholarships

- Stipend
 - HSGS
 - 75th
- CoMGRAD
- Tri-council

HSC Minimum Stipend

- Policy Effective: September 1, 2023
- PhD students: \$20,000/year for 4 years
- MSc students: \$18,000/year for 2 years

*Income from the following sources **do not count** toward the minimum stipend:*

- 1. Income earned through unrelated paid employment external to the university*
- 2. Student Loans (domestic or international).*
- 3. Funds provided by Indigenous communities to their members*

HSGS 2024/25

Eligibility: Registered in the HS graduate program

Master's: \$19,000 (Year 2)

Cost-shared: Award, \$11,000; Supervisor, \$8,000

Doctoral: \$24,000 (Years 3 or 4)

Cost-shared: Award, \$14,000; Supervisor, \$10,000

Deadline: May 30

Note:

Primary Call (Closed May 30th):

Priority 1 is those no longer eligible for CoMGRAD/Dean's/Tri-Council

Priority 2 is those unsuccessful in CoMGRAD competition

Subject to availability of funds:

Secondary Call: Open to new applicants (*who missed the CoMGRAD call*)

Tertiary Call: January start

(Under review)

CoMGRAD 2024/25

Eligibility: ALL graduate students in the CoM program (minimum GPA of 80% required and time in program rules apply)

Master's: \$19,000 (for up to the first two years in program)

Cost-shared: Award, \$11,000; Supervisor, \$8,000

Doctoral: \$24,000 (for up to the first three years in program)

Cost-shared: Award, \$14,000; Supervisor, \$10,000

Note: A student may hold a maximum of four years of CoMGRAD support combined between a Master's and Doctoral program.

Deadline: January 16, 2023

(Under review)

Coordination and Review of CoMGRAD



Ally Wiegers
Graduate Programs Coordinator



Eriq Lukong
(Chair)

Reviewers



Scot Stone (BMI)



John Howland
(APP)



Nazeem Muhajarine
(CHEP)



Steve
Milosavljevic (HSC)



Oleg Dmitriev (BMI)



Scott Widenmaier
(APP)



Cari McIlduff (CHEP)



George Katselis
(HSC)

75th Recruitment Scholarship

- CGPS scholarship to departments/units
- Awarded based on the application for admission
- Restricted to new MSc and PhD thesis-based students
- GPA greater than or equal to 80%.
- \$20,000/year minimum from CGPS
- **Award Amounts & Term**
 - Master's students: **\$20,000** for 1 year
 - PhD students: **\$24,000** for 1 year
- Not cost-shared with the supervisor
- Award period: January 1st to December 31st

PhD awards will be topped up to \$24,000/year using other funding available through the HSGS

Interaction between the 75th Scholarship and additional awards

	Award Value	75 th Anniversary Recruitment Top Up	Total Funding Received
Eligible External Awards (General)	MSc: Less than \$20,000	Top up to \$20,000/year Prorated for 75 th Scholarship term	\$20,000
	PhD: Less than \$24,000	Top up to \$24,000/year Prorated for 75 th Scholarship term	\$24,000
Eligible External Awards (General)	MSc: Greater than \$20,000, less than \$25,000	Top up to \$25,000/year Prorated for 75 th Scholarship term	\$25,000
	PhD: Greater than \$24,000, less than \$30,000	Top up to \$30,000/year Prorated for 75 th Scholarship term	\$30,000
Dean's Doctoral Scholarship	PhD: \$24,000/ up to two years	Not eligible for 75 th Scholarship	\$24,000
CoMGRAD	MSc: \$19,000/ up to two years*	\$20,000/year Provided by 75 th Scholarship	\$20,000
	PhD: \$24,000/ up to 3 years**	\$20,000/year Provided by 75 th Scholarship + Top up (\$4,000) provided by CoMGRAD	\$24,000

*New MSc students who receive one-year 75th Scholarship may hold year 2 of CoMGRAD if eligible based on time in the program.

**New PhD students who receive one-year 75th Scholarship may hold years 2 and 3 of CoMGRAD if eligible based on time in the program.

Federal Budget (April 16, 2024)

- \$825 million to support master's and PhD students and post-doctoral fellows.
- **30% increase in Tri-Council Funding:**
- **Harmonization of Scholarships:**
 - a) MSc: **\$27,000**
 - b) PhD: **\$40,000**
 - c) Post-doc: **\$70,000**

TRI-AGENCY SCHOLARSHIPS

Master's

- **\$27,000 for 12 months**
- Canadian citizen or a permanent resident of Canada
- Must be either registered in a thesis-based graduate program
- On for 12 months so can't be too far into your degree before you apply
- You cannot already hold the award for which you are applying.
- You are not allowed to apply to multiple agencies in the same year.
- The CGS-M program supports up to 3,000 students annually

PhD

- **\$40,000 per year, for up to 36 months**
- Canadian citizen or permanent resident
- Must be either registered in a thesis-based graduate program
- Must have completed no more than **24 months** of full-time study
- **36 months** of full-time study if enrolled in a joint program such as MD/PhD, MA/PhD
- Not eligible if you have already received the award
- Applicants cannot apply to multiple agencies in the same year.

INDIGENOUS SCHOLARS AWARDS AND SUPPLEMENTS

- **\$27,000** for Indigenous Scholars Award
- \$5,000 for Indigenous Scholars Supplement
- Must self-identify as Indigenous
- Must be eligible to apply for the Canada Graduate Scholarships — Master's program (CGS-M)
- SSHRC and NSERC applicants only
- **CIHR applicants are not eligible**
- Applicants apply through the CGS-M application

Vanier Canada Graduate Scholarships

(Vanier CGS program)

- **Annual Value:** \$50,000
- **Duration:** up to 3 years
- **Nomination Deadline:** October 30, 2024 (20:00 EDT).
- **Eligibility of Citizenship:** Canadian, Permanent Residence, and International
- **Degree Level:** PhD
- **Applicant Status:** Incoming Students and Continuing Students
- **USask quota: 3** (One each, CIHR/NERSC/SSHRS)

- Candidates must be nominated by a Canadian institution with a [quota](#)* to host Vanier scholars.
- Candidates should only seek a nomination from the institution at which they want to study.
- The term “quota” refers to the maximum number of nominations an institution can forward to the national competition.

<https://www.vanier.gc.ca/en/home-accueil.html>

Scholarships/Fellowships

	CoMGRAD (40% supervisor 60% award)	Health Sciences Graduate Scholarship (HSGS)	75th Scholarship	Interdisciplinar y Graduate Student Scholarships (IGS)	Tri-Council: CIHR/NERSC/SSHRS	Vanier CGS	Banting
MSc	\$19,000 \$11,000 awarded. Supervisor: \$8,000 Award: up to 2 years	\$19,000 \$11,000 awarded \$8,000: Supervisor Award: up to Eligible in Year 2	\$18,000 for up to two years	\$18,000 2 years	\$27,000 One year, non- renewable	N/A	
PhD	\$24,000 \$14,000 awarded \$10,000: Supervisor 3 years	\$24,000 \$14,000 awarded \$10,000: Supervisor Eligible in years 4 and 5	\$22,000 for up to three years	\$22,000 3 years	\$40,000 Per year for up to 3 years	\$50,000 per year for 3 years	
PDF					\$70,000 per year.		\$70,000 per year for 2 years

Grad Student Funding Deadlines

College

- CoMGRAD – **Jan 15, 2024**
- HSGS – Spring 2025 (closes end of May)

PDF:

- Banting, September 17, 2024, 70k, 2 years, non-renewable

- [Vanier - Canada Graduate Scholarship \(CGS\)](#)

Deadline: **September 23, 2024**

Internal Deadline: September 2, 2024

- [Michael Smith Foreign Study Supplement \(CGS\)](#)

Deadline: **September 23, 2024**

Internal Deadline: September 2, 2024

- [Tri-Agency Doctoral \(CGS-D\) Competition](#)

Deadline: **October 7, 2024**

Internal Deadline: September 16, 2024

- [Tri-Agency Masters \(CGS-M\) Competition](#)

Deadline: **December 2, 2024**

Internal Deadline: November 11, 2024

Canada Graduate Scholarships – Michael Smith Foreign Study Supplements (CGS-MSFSS) program.

- For holders of CIHR/NSERC/SSHRC scholarship or a Vanier scholarship
- Master's and doctoral levels
- Supplements of up to \$6,000
- To support high-calibre graduate students
- For students to develop “exceptional research experiences at research institutions abroad”.
- To build global linkages and international networks at research institutions outside of Canada.
- To promote collaboration between Canadian and international universities and affiliated research institutions.

Deadline:
June 10 and October 10
each year

Other support/awards

	College of Medicine Travel Award (CoMTA)	Maternity Leave Bridging Funding	Parental Leave Grant (CoMPLG)	Emergency Leave Grant (CoMELG)	Virtual Conference Support Fund
MSc	\$1500 1 per program	\$1500	\$4000/6 month period	\$1000/month for up to two months	\$250 once
PhD	\$1500 2 per program (3 for transfer students)	\$1500	\$4000/6 month period	\$1000/month for up to two months	\$250 once
PDF	\$1500 1 per program				\$250 once

Part 3

Cost of living

Support Our Science

Pay Graduate
Students and
Postdoctoral Scholars
a Living Wage

WE ARE AN ORGANIZATION ADVOCATING FOR INCREASED PAY FOR GRADUATE STUDENTS
AND POSTDOCTORAL SCHOLARS IN ALL FIELDS ACROSS CANADA



COLLEGE MEDICINE SURVEY

January 30 – February 08, 2023

- Presentation: January 30
- Recording to students via CMGSS: January 31
 - Feedback: February 08

Feedback from 82 participants

Has the rising cost of living affected you this past year?

- 59 students (72.8%) strongly agreed
- 16 students (19.8%) agree
- 4 students (4.9%) neither agree nor disagree
- 0 students (0.0%) disagree
- 2 students (2.5%) strongly disagree

Are you concerned about the increase in tuition this upcoming year?

- 64 students (79.0%) strongly agreed
- 8 students (9.9%) agree
- 6 students (7.4%) neither agree nor disagree
- 1 student (1.2%) disagree
- 2 students (2.5%) strongly disagree

Example 1: HSC students

Annual Cost Breakdown (as of Sept 2022)

<u>Academic Year as Full-Time on Campus</u>	Canadian MSc/PhD International PhD	International MSc
Tuition	\$4,698.00 CAD	\$9,396.00 CAD
Athletic	\$104.24	\$104.24
Health Insurance	\$222.51	\$222.51
Dental Insurance	\$236.52	\$236.52
GSA	\$74.12	\$74.12
Canadian Federation of Students	\$13.20	\$13.20
Transit (U-PASS)	\$239.30	\$239.30
Student Wellness and Services	\$210.00	\$210.00
Recreation	\$76.08	\$76.08
TOTAL	\$5,873.97	\$10,571.97

From CMGSS Presidents, 2023

Monthly Income for Grad Students

	Canadian MSc	International MSc	Canadian & International PhD
Annual Income (Stipend)	\$16,000.00	\$16,000.00	\$18,000.00
Tuition + Mandatory Fees	-\$5,873.97	-\$10,571.97	-\$5,873.97
Net Annual Income	\$10,126.03	\$5,428.03	\$12,126.03
Net MONTHLY Income	\$843.84	\$452.34	\$1,010.50

Note:

A single person in Saskatoon has estimated monthly costs \$1,200 without rent.

Rent can range dramatically. For example, to live at Graduate House at USask, it costs \$1,200/month (Studio) or \$1,485/month (1 bdrm loft).

Note!

Minimum stipends and
scholarship awards are
under review by
departments and the OVDR

(BMI's new funding policy approved)

Part 3

Other Resources

Other Resources

- Help
 - EDI
- Health and wellness
 - The Grad Hub
- Social activities and student engagement

If I have an academic/employment/personal problem/concern, **where do I go?**

Help!

Graduate Students

- **Mentor**
 - Supervisor
 - RAC (Chair)
 - Program Grad Chair
 - Department Head OR
 - Asst. Dean Grad. Studies
(But my door is always opened for you)
- CGPS
- Human Resources/PSAC
- CMGSS/Graduate Student Assoc. (GSA)
- ***Any faculty member you trust***



Student Wellness Centre

The Student Wellness Centre offers physical and mental health care to USask students and their dependents. Chiropractic, physiotherapy and massage appointments are available to USask students, staff, and faculty.

The Student Wellness Centre will be closed on Thursday June 20, 2024 for Professional Development. During this time, please seek medical attention from a walk-in clinic or in the case of medical crisis, the nearest emergency department.

📞 1-306-966-5768

Fax: 1-306-966-5786

✉️ student.wellness@usask.ca

📍 Address

3rd and 4th floor, Place Riel Student Centre

🕒 Hours

8:45 am - 4:15 pm Monday, Tuesday, Wednesday and Friday

9:30 am - 4:15 pm Thursday

Closed from 12:00 pm - 01:00 pm daily

<https://students.usask.ca/health/centres/wellness-centre.php>

Offers urgent (and non-urgent) physical and mental health care to **USask students**, their spouses and children.

Services provided:

- Doctor and nurse appointments
- Mental health assessment, consulting and counselling
- Nutritional counselling
- Sexual health care including contraception counselling and STI prevention, testing and treatment
- Physiotherapy*
- Massage therapy*
- Chiropractic care*
- Acupuncture*

Graduate Student Counsellor

CoM



Eman Demmans

- Eman is a certified counsellor who works in the Student Wellness Center
- She is our main point of contact and has dedicated hours specifically for our students
- Please email student.wellness@usask.ca and indicate you are a **CoM graduate student** looking to speak with Eman Demmans

Book an appointment

At the Student Wellness Centre, you can book an appointment with a physician, nurse, counsellor, psychiatrist, and dietitian.

If you're feeling overwhelmed and not sure what to do, contact Student Affairs and Outreach. Staff there provide students with coaching, mentorship and practical problem-solving support.

Counselling support is also available through Empower Me as part of your USSU and GSA health and dental plans with Studentcare.

Student Wellness Centre

Student Affairs and Outreach

Empower Me (USSU)

Empower Me (GSA)

Free!

Note: Eman Demmans' services are provided only to graduate students in the **CoM**.

Any registered USask student can access any counselor for free through the student wellness center

Crisis Response

Crisis such as:
Physical or emotional injury or illness, suicidal behaviours, and safety concerns.

Urgent After-hours Assistance

- **Saskatoon Police Service** 911 (or 9-911 on campus)
- **Saskatoon Mobile Crisis** (24/7) (306) 933-6200
- **Crisis Services Canada** (24/7) 1(833) 456-4566
- **Royal University Hospital Emergency Department** (24/7) (306) 655-1000
- **Campus Protective Services** (24/7) [icone phone] (306) 966-5555

<https://medicine.usask.ca/students/graduate-programs/student-wellness.php>

Additional Crisis Services

- **Saskatoon Sexual Assault Centre** (24/7)
(306) 244-2224
- **YWCA Saskatoon Crisis Shelter** (24/7 - shelter for females) (306) 244-2844
- **Saskatoon Interval House** (24/7 shelter for females) (306) 244-0185
- **Saskatoon Crisis Nursery** (24/7)
(306) 242-2433
- **The Lighthouse** (24/7 shelter for males & females) (306) 653-0538
- **Sk.211.ca** directory for urgent and crisis services

Equity, Diversity, and Inclusion (EDI)

EDI goal at the CoM

College of Medicine P4WS

Equity, Diversity and Inclusion

Our goal is for the College of Medicine to provide real equity of opportunity for all, deepen diversity across our full college membership, and enhance inclusivity in our places of work and study.

[View the College of Medicine EDI survey results](#)



The goal is “to provide real equity of opportunity for all, deepen diversity across our full college membership, and enhance inclusivity in our places of work and study.”

EDI: Values and Principles (USask and CoM)

Values

We're committed to:

- collegiality
- fairness and equitable treatment
- inclusiveness
- integrity, honesty and ethical behaviour
- respect

Principles

We believe in:

- academic freedom
- collaboration
- commitment to community
- different ways of knowing, learning and being
- diversity, equality and human dignity
- excellence
- a healthy work and learning environment
- innovation, curiosity and creativity
- openness, transparency and accountability
- reconciliation

USask EDI Framework for Action

The EDI Framework defines the Usask vision for a more equitable, diverse, and inclusive university that will be advanced through our strategies and goals.

Our ambition is to be a university for everyone, one where we all belong and can flourish. To realize this ambition, we will concentrate our efforts on advancing six strategic priorities. Each strategic priority will be advanced by goals that will guide our efforts to embed and reflect EDI across our university:

STUDENT EXPERIENCE

EMPLOYEE EXPERIENCE

TEACHING AND LEARNING

SYSTEMS

RESEARCH, SCHOLARLY, & ARTISTIC
WORK

PHYSICAL SPACE

Courtesy: Natalya Mason (Community Engagement Specialist), OVDIH

EDI Resources

- **Office of Vice Dean Indigenous Health (OVDIH)**
 - Division of Social Accountability (DSA)
 - EDI
- Biomedical EDI committee
- **EDI survey CoM:** to gain a greater understanding of the environment in which members of the CoM work and learn (Report published)

Natalya Mason
(Community Engagement
Specialist)



**Dr. Adeyemi
Laosebikan**
(EDI lead)



Dr. Joyce Wilson
(Biomedical EDI
Committee Chair)



Dr. Janet Tootoosis
Vice-Dean
Indigenous Health



CoM Equity Diversity Inclusion Committee

▪ Office of Vice Dean Indigenous Health (OVDIH)

- Division of Social Accountability (DSA)
- Chair: Dr Adeyemi Laosebikan
- HSc Graduate Student Members: Elyse Proulx-Cullen and Shelley-May Neufled

Natalya Mason
(Community Engagement
Specialist)



**Dr. Adeyemi
Laosebikan**
(EDI lead)



Elyse Proulx-Cullen
HSc PhD Student
Member



Shelley-May Neufeld
HSc PhD
Student Member



The Grad HUB

USask's graduate student online resource for understanding & planning your graduate journey.

17%

of USask's student population
are graduate students

9%

Self-declared Indigenous students

35%

International graduate students

CGPS website:

<https://cgps.usask.ca/onboarding/index.php>

College of Medicine Graduate Student Society (CMGSS)

Purpose

- To represent graduate student interests of the CoM
- To increase communication between students across the various departments in the College
- To provide a voice for students to the College, the Graduate Student Association, and the University of Saskatchewan
- To enhance the graduate experience of students in the College through:
 - ✓ Professional development events
 - ✓ Social and networking events.



From the constitution found here:

<https://medicine.usask.ca/documents/graduate-programs/cmgs-constitution-2018-2019.pdf>

Part 4

Other Resources

A word from the Society Co-President

Jared Price

College of Medicine Graduate Student Society (CMGSS)



The aim of CMGSS is to represent graduate student interests with the College of Medicine, Graduate Student Association (GSA) and University of Saskatchewan.

We seek to organize professional development events, as well as social and networking events to enhance the graduate school experience.

Who Are We?

Co-President

Taylor Dzikowski
(HSc, MSc)



VP Communications

Mary Lazell-Wright
(APP, MSc)



VP Internal

Rachel Harris
(BMI, PhD)



VP Finance

Emily Hein
(BMI, MSc)



VP Student Affairs

Nayoung Kim
(BMI, PhD)



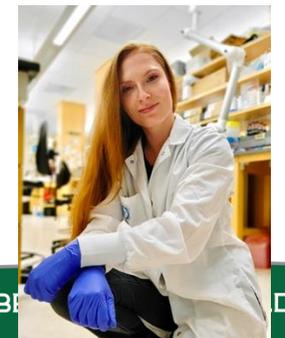
VP Academic

Kundanika Mukherjee
(APP, PhD)



EDI Representative

Breanne Bevelander
(HSc, MSc)



Who Are We?

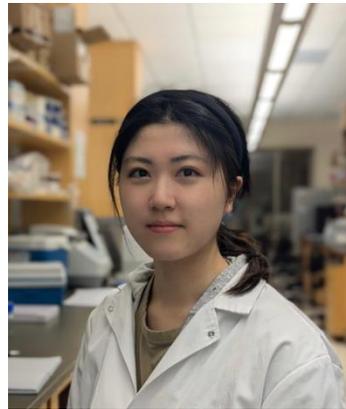
APP Reps

Andy Kim (MSc)



BMI Reps

Shirley Yu (MSc)
Rylan Bahrey (Msc)



CHEP Reps

Samiul Chowdhury (MSc)
Adrielle Souza (MSc)

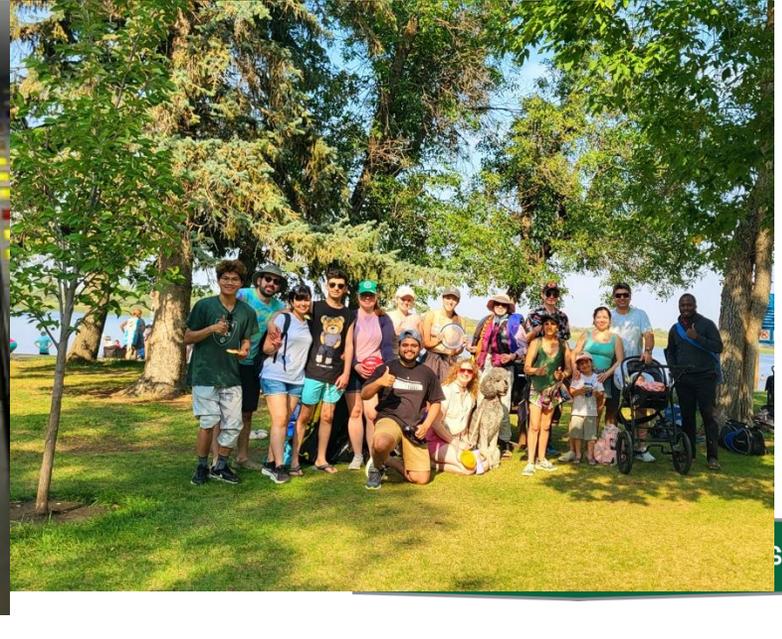


HSc Reps

Sara Dalkilic (MSc)



Past Events



Looking Forward

Monthly Coffee Sessions

1st Wed of every Month



EDI Workshops

Headshot Clinic

Writing Workshops

Looking Forward

Welcome Event

Trivia Night @ Louis



Seasonal Event



Outings

Clip n Climb & Bowling



Thank you!

- Welcome once again to our New Graduate Students
 - Health Sciences Graduate Program Committee members
 - OVDR Team



Dr. Kiven Erique Lukong

[\(306\)966-4586](tel:(306)966-4586) ovdr.grad@usask.ca

Assistant Dean Graduate Studies



Ally Wieggers

ovdr.grad@usask.ca

Graduate Programs Coordinator



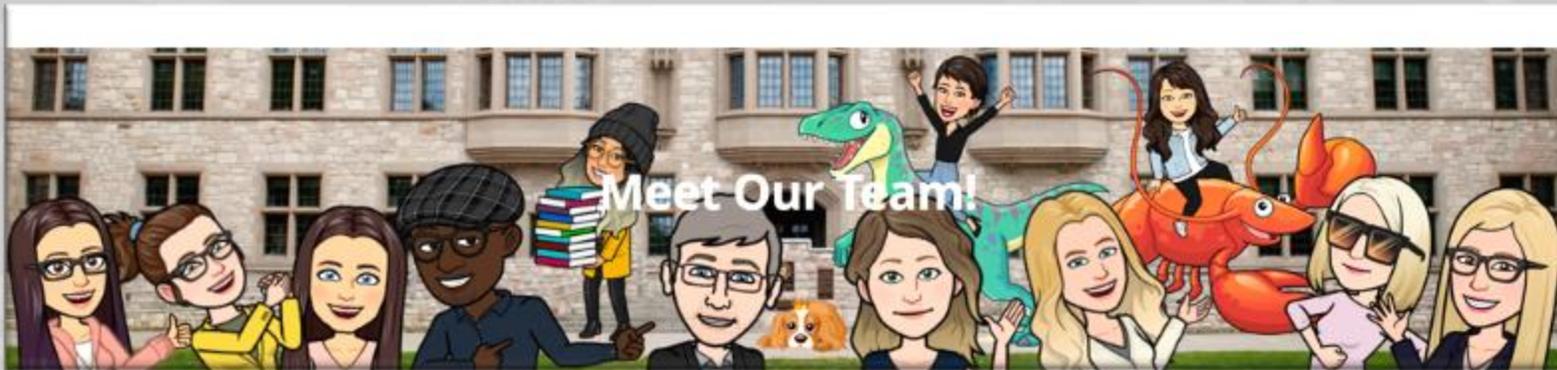
Dr. Marek Radomski, Vice-Dean of Research

[\(306\)966-4342](tel:(306)966-4342) ovdr@usask.ca



Megan Truscott, Director of Research

[\(306\)966-6516](tel:(306)966-6516) megan.truscott@usask.ca



To all students: We are here for you and because of you (KEL)